

PARKER PANTHERS RECORDS**11-12 GIRLS**

| EVENT | TIME/MARK | DATE | MEET | WIND | NOTES |
|------------------|------------------|-------------|--------------------------------|-------------|--------------|
| 100M | | | | | |
| Tamminga, Abby | 13.24 | 07/06/13 | Region 10 JO / Mesa, AZ | | |
| Tamminga, Abby | 13.32 | 05/25/13 | Landsharks / Monument, CO | | |
| Tamminga, Abby | 13.43 | 07/07/13 | Region 10 JO / Mesa, AZ | | |
| Tamminga, Abby | 13.63 | 06/01/13 | Freddie Houston / Denver, CO | | |
| Gilfert, Kasie | 13.64 | 06/26/10 | Steppers / Brighton, CO | | |
| Steen, Jenna | 13.65 | 06/18/16 | Colorado JO / Denver, CO | | Prelim |
| Steen, Jenna | 13.72 | 07/10/16 | Region 10 JO / Albuquerque, NM | | Final |
| Gilfert, Kasie | 13.79 | 06/20/10 | Colorado JO / Pueblo, CO | | nwi |
| Hood, Abby | 13.79 | 07/11/10 | Region 10 JO / Pueblo, CO | -1.1 | |
| Brown, Kameryn | 13.81 | 06/07/14 | Freddie Houston / Denver, CO | | |
| Brown, Kameryn | 13.81 | 07/06/14 | Region 10 JO / AFA, CO | -0.4 | |
| 200M | | | | | |
| Tamminga, Abby | 26.82 | 07/06/13 | Region 10 JO / Mesa, AZ | | |
| Tamminga, Abby | 27.05 | 07/07/13 | Region 10 JO / Mesa, AZ | | |
| Tamminga, Abby | 27.23 | 06/01/13 | Freddie Houston / Denver, CO | | |
| Tamminga, Abby | 28.30 | 05/25/13 | Landsharks / Monument, CO | | |
| Steen, Jenna | 28.99 | 06/20/15 | Colorado JO / Aurora, CO | -0.7 | Prelim |
| Tamminga, Abby | 29.05 | 06/24/12 | Colorado JO / Denver, CO | nwi | Final |
| Steen, Jenna | 28.99 | 06/21/15 | Colorado JO / Aurora, CO | -1.4 | Final |
| Brown, Kameryn | 29.10 | 07/06/14 | Region 10 JO / AFA, CO | 1.1 | |
| Kucharski, Kayla | 29.90 | 05/26/18 | Mack Track / Westminster, CO | 1.0 | |
| Steen, Jenna | 30.15 | 05/30/15 | Freddie Houston / Denver, CO | 1.4 | |
| 400M | | | | | |
| Steen, Jenna | 1:01.73 | 07/10/16 | Region 10 JO / Albuquerque, NM | | Final |
| Steen, Jenna | 1:02.96 | 07/09/16 | Region 10 JO / Albuquerque, NM | | Prelim |
| Steen, Jenna | 1:03.12 | 06/18/16 | Colorado JO / Denver, CO | | Prelim |
| Coffey, Preslie | 1:03.37 | 07/05/14 | Region 10 JO / AFA, CO | | Prelim |
| Steen, Jenna | 1:03.77 | 06/11/16 | LIFT / Colorado Springs, CO | | |
| Coffey, Preslie | 1:04.16 | 07/06/14 | Region 10 JO / AFA, CO | | Final |
| Coffey, Preslie | 1:04.72 | 06/14/14 | Zoom Classic / Aurora, CO | | |
| Steen, Jenna | 1:04.82 | 06/21/15 | Colorado JO / Aurora, CO | | Final |
| Coffey, Preslie | 1:04.97 | 07/06/13 | Region 10 JO / Mesa, AZ | | |

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| Coffey, Preslie | 1:05.16 | 06/22/14 | Colorado JO / Aurora, CO | | Final |
| 800M | | | | | |
| Wilson, Brooke | 2:28.94 | 06/23/17 | Colorado JO / Highlands Ranch, CO | | |
| Puskas, Minci | 2:28.97 | 07/11/15 | Region 10 JO / El Paso, TX | | |
| Puskas, Minci | 2:33.01 | 06/07/15 | Nite Moves / Denver, CO | | |
| Puskas, Minci | 2:33.18 | 06/20/15 | Colorado JO / Aurora, CO | | |
| Holmes, Lilly | 2:33.21 | 07/08/17 | Region 10 JO / Mesa, AZ | | |
| Puskas, Minci | 2:34.30 | 06/13/15 | Landsharks / Monument, CO | | |
| Huhn, Makenna | 2:34.75 | 07/05/14 | Region 10 JO / AFA, CO | | |
| Wilson, Brooke | 2:35.83 | 07/01/17 | Striders / Colorado Springs, CO | | |
| Puskas, Minci | 2:36.67 | 06/27/15 | Plains to Peaks / Aurora, CO | | |
| Puskas, Minci | 2:36.79 | 05/30/15 | Freddie Houston / Denver, CO | | |
| 1500M | | | | | |
| Puskas, Minci | 5:09.09 | 07/12/15 | Region 10 JO / El Paso, TX | | |
| Geldean, Riley | 5:09.30 | 06/22/14 | Colorado JO / Aurora, CO | | |
| Woodall, Aidyn | 5:09.59 | 06/22/14 | Colorado JO / Aurora, CO | | |
| Wilson, Brooke | 5:09.69 | 07/10/16 | Region 10 JO / Albuquerque, NM | | |
| Wilson, Brooke | 5:11.60 | 06/10/17 | Kyle Mac / Highlands Ranch, CO | | |
| Glynn, Emily | 5:11.83 | 06/21/15 | Colorado JO / Aurora, CO | | |
| Geldean, Riley | 5:13.12 | 07/06/14 | Region 10 JO / AFA, CO | | |
| Hoffman, Bryanna | 5:13.57 | 07/12/15 | Region 10 JO / El Paso, TX | | |
| Glynn, Emily | 5:15.96 | 06/13/15 | Landsharks / Monument, CO | | |
| Woodall, Aidyn | 5:17.17 | 07/06/14 | Region 10 JO / AFA, CO | | |
| 3000M | | | | | |
| Geldean, Riley | 10:54.81 | 06/22/14 | Colorado JO / Aurora, CO | | |
| Woodall, Aidyn | 11:00.53 | 07/05/14 | Region 10 JO / AFA, CO | | |
| Woodall, Aidyn | 11:04.03 | 06/22/14 | Colorado JO / Aurora, CO | | |
| Wilson, Brooke | 11:06.13 | 05/27/17 | Freddie Houston / Denver, CO | | |
| Glynn, Emily | 11:08.00 | 06/27/15 | Plains to Peaks / Aurora, CO | | |
| Wilson, Brooke | 11:12.59 | 06/04/17 | Nite Moves / Aurora, CO | | |
| Hoffman, Bryanna | 11:16.53 | 05/30/15 | Freddie Houston / Denver, CO | | |
| Glynn, Emily | 11:17.71 | 06/07/14 | Freddie Houston / Denver, CO | | |

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| Wilson, Brooke | 11:18.00 | 07/09/16 | Region 10 JO / Albuquerque, NM | | |
| Wilson, Brooke | 11:18.16 | 06/18/16 | Colorado JO / Denver, CO | | |

80M HURDLES

| | | | | | |
|-----------------|-------|----------|------------------------------|--------|--|
| Tamminga, Abby | 14.25 | 07/06/13 | Region 10 JO / Mesa, AZ | | |
| Tamminga, Abby | 14.67 | 07/07/13 | Region 10 JO / Mesa, AZ | | |
| Coffey, Preslie | 14.91 | 07/06/14 | Region 10 JO / AFA, CO | 0.0 | |
| Tamminga, Abby | 15.05 | 05/25/13 | Landsharks / Monument, CO | | |
| Tamminga, Abby | 15.07 | 06/01/13 | Freddie Houston / Denver, CO | | |
| Smith, Lauren | 15.09 | 06/04/16 | Nite Moves / Denver, CO | nwi | |
| Brennan, Allana | 15.19 | 06/17/11 | Colorado JO / Parker, CO | | |
| Tamminga, Abby | 15.36 | 06/02/12 | Joe Gentry / Fountain, CO | | |
| Coffey, Preslie | 15.56 | 07/05/14 | Region 10 JO / AFA, CO | -4.3 ! | |
| Coffey, Preslie | 15.66 | 06/22/14 | Colorado JO / Aurora, CO | 0.0 | |

4X100M RELAY

| | | | | | |
|--|-------|----------|-----------------------------------|--|--|
| J Morand, A Hood, E Thornock, K Gilfert | 56.03 | 06/19/10 | Colorado JO / Pueblo, CO | | |
| L Smith, A Broecker, S Rotello, J Steen | 56.38 | 06/18/16 | Colorado JO / Denver, CO | | |
| E Smith, A Hood, R Darnell, K Gilfert | 56.66 | 07/11/10 | Region 10 JO / Pueblo, CO | | |
| A Broecker, T Nielsen, E Hrubby, K Kucharski | 57.86 | 07/01/17 | Striders / Colorado Springs, CO | | |
| A Broecker, T Nielsen, E Hrubby, K Kucharski | 57.95 | 06/23/17 | Colorado JO / Highlands Ranch, CO | | |

4X400M RELAY

| | | | | | |
|---|---------|----------|---------------------------|--|--|
| R.Darnell, A Hood, A Diefenbach, S Matthews | 5:04.98 | 07/11/10 | Region 10 JO / Pueblo, CO | | |
| A Bigler-Redd, M Puskas, K Cargo, E Glynn | 5:09.89 | 06/07/15 | Nite Moves / Denver, CO | | |
| L Crowley, A Coffey, L Holmes, B Wilson | 5:12.26 | 06/04/17 | Nite Moves / Aurora, CO | | |
| A Burgess, Klein, A Brennan, R. Darnell | 5:16.01 | 06/19/11 | Colorado JO / Parker, CO | | |
| R.Darnell, A Hood, A Diefenbach, S Matthews | 5:17.57 | 06/20/10 | Colorado JO / Pueblo, CO | | |

4X800M RELAY

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|--|----------|----------|--------------------------------|--|--|
| A Woodall, B Hoffman, E Glynn, M Puskas | 10:35.13 | 06/21/15 | Colorado JO / Aurora, CO | | |
| R Geldean, A Woodall, P Coffey, M Huhn | 10:53.80 | 07/05/14 | Region 10 JO / AFA, CO | | |
| R Geldean, A Woodall, E Glynn, M Huhn | 11:04.72 | 06/22/14 | Colorado JO / Aurora, CO | | |
| L Holmes, K Cargo, C McConnell, B Wilson | 11:17.93 | 07/10/16 | Region 10 JO / Albuquerque, NM | | |
| C McConnell, K Cargo, M Fox, B Wilson | 11:22.91 | 06/19/16 | Colorado JO / Denver, CO | | |

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| HIGH JUMP | | | | | |
| Opp, Elena | 1.34m | 06/02/12 | Joe Gentry / Fountain, CO | | |
| Morand, Jaimee | 1.32m | 06/05/10 | Colorado Flyers / Aurora, CO | | |
| Opp, Elena | 1.25m | 06/16/12 | Zoom Classic / Littleton, CO | | |
| Hardt, Tatum | 1.25m | 05/24/14 | Landsharks / Monument, CO | | |
| Sams, Sarah | 1.25m | 05/24/14 | Landsharks / Monument, CO | | |
| Sams, Sarah | 1.25m | 06/07/14 | Freddie Houston / Denver, CO | | |
| Mason, Sophia | 1.25m | 06/11/16 | LIFT / Colorado Springs, CO | | |
| Mason, Sophia | 1.24m | 06/16/16 | Colorado JO / Denver, CO | | Pentathlon |
| Hruby, Emily | 1.23m | 05/26/18 | Mack Track / Westminster, CO | | |
| Opp, Elena | 1.22m | 06/23/12 | Colorado JO / Denver, CO | | |
| LONG JUMP | | | | | |
| Gilfert, Kasie | 4.46m | 07/10/10 | Region 10 JO / Pueblo, CO | | |
| Gilfert, Kasie | 4.38m | 06/26/10 | Steppers / Brighton, CO | | |
| Gilfert, Kasie | 4.36m | 06/19/10 | Colorado JO / Pueblo, CO | | |
| Gilfert, Kasie | 4.33m | 06/12/10 | FCTC Invite / Fort Collins, CO | | |
| Hruby, Emily | 4.11m | 05/27/17 | Freddie Houston / Denver, CO | | nwi |
| Sanders, Jaslyn | 4.10m | 05/30/15 | Freddie Houston / Denver, CO | | |
| Gilfert, Kasie | 4.05m | 06/05/10 | Colorado Flyers / Aurora, CO | | |
| Sanders, Jaslyn | 4.05m | 06/07/15 | Nite Moves / Denver, CO | | nwi |
| Seeber, Erin | 4.00m | 06/21/08 | Colorado JO / Aurora, CO | | |
| Hruby, Emily | 3.94m | 05/26/18 | Mack Track / Westminster, CO | | nwi |
| SHOT PUT (6 lbs) | | | | | |
| Brennan, Allana | 8.73m | 05/25/11 | Region 10 JO / Albuquerque, NM | | |
| Brennan, Allana | 8.73m | 07/09/11 | Region 10 JO / Albuquerque, NM | | |
| Opp, Elena | 8.01m | 06/23/12 | Colorado JO / Denver, CO | | |
| Sams, Sarah | 7.84m | 06/21/14 | Colorado JO / Pueblo, CO | | |
| Van DerZwaag, Katie | 7.74m | 06/23/07 | Steppers / Brighton, CO | | |
| Sams, Sarah | 7.67m | 07/05/14 | Region 10 JO / AFA, CO | | |
| Opp, Elena | 7.63m | 06/21/12 | Colorado JO / Brighton, CO | | Pentathlon |
| Sams, Sarah | 7.39m | 06/07/14 | Freddie Houston / Denver, CO | | |
| Van DerZwaag, Katie | 7.26m | 06/16/07 | Colorado JO / Denver, CO | | |

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| Brennan, Allana | 7.20m | 06/19/10 | Colorado JO / Pueblo, CO | | |

DISCUS THROW (1kg)

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|------------------|--------|----------|--------------------------------------|--|--|
| Sams, Sarah | 19.89m | 07/05/14 | Region 10 JO / AFA, CO | | |
| Brennan, Alana | 19.34m | 05/25/11 | Panthers Intrasquad / Parker, CO | | |
| Brennan, Alana | 19.17m | 07/09/11 | Region 10 JO / Albuquerque, NM | | |
| Sams, Sarah | 18.42m | 06/14/14 | Zoom Classic / Aurora, CO | | |
| Sams, Sarah | 17.62m | 06/21/14 | Colorado JO / Aurora, CO | | |
| Schneider, Paige | 17.40m | 06/25/16 | Plains to Peaks / Aurora, CO | | |
| Opp, Elena | 16.87m | 06/23/12 | Colorado JO / Denver, CO | | |
| Schneider, Paige | 16.76m | 06/26/16 | Kyle Macintosh / Highlands Ranch, CO | | |
| Brennan, Alana | 16.42m | | | | |
| Schneider, Paige | 16.38m | 07/10/16 | Region 10 JO / Albuquerque, NM | | |

JAVELIN THROW (450g)

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|---------------|--------|----------|------------------------------|--|--|
| Nielsen, Sage | 16.51m | 05/26/18 | Mack Track / Westminster, CO | | |
|---------------|--------|----------|------------------------------|--|--|

PENTATHLON

| | | | | | |
|-----------------|------|----------|--------------------------------|--|--|
| Brennan, Allana | 1840 | 06/17/11 | Colorado JO / Parker, CO | | |
| Morand, Jaimee | 1802 | 07/08/10 | Region 10 JO / Pueblo, CO | | |
| Darnell, Riley | 1686 | 07/08/11 | Region 10 JO / Albuquerque, NM | | |
| Morand, Jaimee | 1567 | 06/18/10 | Colorado JO / Pueblo, CO | | |
| Opp, Elena | 1303 | 06/21/12 | Colorado JO / Brighton, CO | | |
| Darnell, Riley | 1481 | 06/17/11 | Colorado JO / Parker, CO | | |
| Mason, Sophia | 1378 | 06/16/16 | Colorado JO / Aurora, CO | | |
| Darnell, Riley | 1363 | 07/08/10 | Region 10 JO / Pueblo, CO | | |
| Opp, Elena | 1001 | 07/08/11 | Region 10 JO / Albuquerque, NM | | |
| Darnell, Riley | 954 | 06/18/10 | Colorado JO / Pueblo, CO | | |

JAVELIN THROW (300g)

| | | | | | |
|------------------|--------|----------|------------------------------|--|--|
| Hardt, Tatum | 24.56m | 07/06/14 | Region 10 JO / AFA, CO | | |
| Schneider, Paige | 17.41m | 06/11/16 | LIFT / Colorado Springs, CO | | |
| Schneider, Paige | 16.80m | 06/25/16 | Plains to Peaks / Aurora, CO | | |

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| Schneider, Paige | 16.22m | 07/09/16 | Region 10 JO / Albuquerque, NM | | |
| White, Sydney | 15.70m | 07/10/11 | Region 10 JO / Albuquerque, NM | | |
| Hardt, Tatum | 15.39m | 05/24/14 | Landsharks / Monument, CO | | |
| Schneider, Paige | 15.37m | 06/19/16 | Colorado JO / Denver, CO | | |
| Cargo, Rhiannon | 15.32m | 06/25/16 | Plains to Peaks / Aurora, CO | | |
| Cargo, Rhiannon | 15.22m | 06/11/16 | LIFT / Colorado Springs, CO | | |
| Cargo, Rhiannon | 14.44m | 06/19/16 | Colorado JO / Denver, CO | | |